WHEREAS, 1 in 3 American adults has prediabetes, though most do not know it, and another 1 in 11 have diabetes; and

WHEREAS, in 2015, an estimated 634,975 New Mexico adults age 18 and older—39 percent—had prediabetes, with only 1 of 5 of those adults aware of it; and

WHEREAS, in 2015, an estimated 225,520 adults age 18 and older—14.1 percent—had diabetes, with only 4 of 5 of those adults aware of it; and

WHEREAS, from 2005 to 2014, a total of 6,165 deaths occurred in New Mexico in which diabetes was listed as the primary cause, with a yearly average of 617 deaths; and

WHEREAS, African Americans, Native Americans, and Hispanic Americans are more likely to be diagnosed with diabetes and are disproportionately affected by the disease; and

WHEREAS, the direct and indirect costs of diabetes in New Mexico exceed $2.1 billion; and

WHEREAS, diabetes awareness month every November was established by the American Diabetes Association to increase awareness about the impact of diabetes on individuals, families, and communities; and

WHEREAS, type 2 diabetes can be prevented or delayed through lifestyle changes that increase healthy eating and physical activity; and

WHEREAS, the complications of diabetes—cardiovascular disease, blindness, lower extremity amputations, and kidney disease—are preventable through effective disease management; and

WHEREAS, the New Mexico Department of Health has designated diabetes a super-priority and is deploying statewide resources to address this condition;

NOW, THEREFORE, I, SUSANA MARTINEZ, GOVERNOR OF THE STATE OF NEW MEXICO, DO HEREBY PROCLAIM THE MONTH OF NOVEMBER 2016 AS

"DIABETES AWARENESS MONTH"

THROUGHOUT THE STATE OF NEW MEXICO.

SIGNED AT THE EXECUTIVE OFFICE
THIS 17TH DAY OF OCTOBER 2016.

WITNESS MY HAND AND THE GREAT SEAL OF THE STATE OF NEW MEXICO.

SUSANA MARTINEZ
GOVERNOR

ATTEST:
BRAD WINTER
SECRETARY OF STATE