



State of New Mexico

Michelle Lujan Grisham
Governor

EXECUTIVE ORDER 2019-024

DIRECTING THE DEVELOPMENT AND IMPLEMENTATION OF GUIDELINES FOR STATE AGENCIES AND DEPARTMENTS TO PROMOTE EMPLOYEE FITNESS AND WELLNESS

WHEREAS, the overall fitness and wellness of State of New Mexico employees is vital to the State's collective health, productivity, and quality of life;

WHEREAS, effective worksite wellness programs improve the health and productivity of the workforce, contributing to the capacity of State departments and agencies to accomplish their missions and to better serve New Mexicans;

WHEREAS, healthcare costs continue to rise, largely due to chronic diseases which can otherwise be prevented by adopting healthy lifestyle practices, such as engaging in physical fitness and wellness activities; and

WHEREAS, as one of the largest employers in New Mexico, state government recognizes that employers can provide a workplace environment that supports fitness and wellness.

NOW, THEREFORE, I, Michelle Lujan Grisham, Governor of the State of New Mexico, by the virtue of authority vested in me by the Constitution and the laws of the State of New Mexico, declare my commitment to improve the fitness and wellness of State of New Mexico employees and hereby order as follows:

1. The State Personnel Office shall develop fitness and wellness guidance, including a policy template for departments and agencies to implement.
2. Each State department and agency will implement fitness and wellness policies based on the guidance provided by the State Personnel Office.
3. State employees who choose to participate in fitness and wellness programs are expected to comply with the policies and procedures outlined in their department or agency policy as a condition of their participation in the programs.
4. The State Personnel Office shall also lead a labor/management steering committee to further develop additional programs and resources related to health, fitness, and wellness promotion for employees of State agencies and departments. The scope of the committee's work may include, but is not limited to, alternative work schedules, employee awareness campaigns, health risk appraisals, blood pressure and cholesterol screenings, illness and injury prevention training programs, exercise programs, and education related to smoking, alcohol, and drug abuse.

I DIRECT that every executive state department or agency affected by this Executive Order shall cooperate with the State Personnel Director in implementing this Order.

I FURTHER DIRECT that this Executive Order shall not be construed to restrict a cabinet secretary or executive state agency head from exercising every power expressly enumerated in law to that cabinet secretary or executive state agency head.

THIS EXECUTIVE ORDER supersedes any other previous orders, proclamations, or directives to the extent they are in conflict. This Executive Order shall take effect immediately and shall remain in effect until it is rescinded by the Governor.

ATTEST:

Maggie Toulouse Oliver

MAGGIE TOULOUSE OLIVER
SECRETARY OF STATE



DONE AT THE EXECUTIVE OFFICE
THIS 25TH DAY OF JULY, 2019

WITNESS MY HAND AND THE GREAT
SEAL OF THE STATE OF NEW MEXICO

Michelle Lujan Grisham

MICHELLE LUJAN GRISHAM
GOVERNOR